

★ ★ February 2010
★ Lunch Menu ★

Salem Elementary
Schools



1	Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday
Tomato Soup Grilled Cheese W/WO Ham Veggie Stix W/Dip Milk		Whole Wheat Pasta Sauce W/WO Meat Balls Green Beans Fruit Crisp Low Fat 1% Milk		BREAKFAST FOR LUNCH Pancakes Sausage Patty Syrup Warmed Apples Milk		Oven Baked Chicken Baked Sweet Potato & Apples Green Beans Chilled Fruit Low Fat 1% Milk		Tony's Pizza Carrot Stix Low Fat Dip Soup Cup Chilled Fruit Low Fat 1% Milk	

8	Monday	9	Tuesday	10	Wednesday	11	Thursday	12	Friday
Chicken Nuggets Mashed Potato Carrots Chilled Fruit Milk		Whole Wheat Pasta W/Meat Balls Green Beans Fruit Crisp Low Fat 1% Milk		Ham & Cheese Croissant Baked Fries Chilled Fruit/Fresh Fruit Milk		Oven Baked Chicken Mashed Sweet Potato Green Beans Chilled Fruit Low Fat 1% Milk		Stuffed Crust Pizza Carrot Stix Low Fat Dip Soup Cup Chilled Fruit Low Fat 1% Milk	

15	Monday	16	Tuesday	17	Wednesday	18	Thursday	19	Friday
VACATION		VACATION		VACATION		VACATION		VACATION	

22	Monday	23	Tuesday	24	Wednesday	25	Thursday	26	Friday
Chicken Pattie/Roll W/Lettuce & Tomato Baked Fries Strawberry Cups Milk		Whole Wheat Pasta W/Meat Balls Green Beans Fruit Crisp Low Fat 1% Milk		EARLY RELEASE French Toast Sausage Patty Syrup Fresh Fruit in Season Warmed Apples Milk		Tuna Sandwich Lettuce & Tomato Lo Fat Cape Cod Chips Fresh Veggie Platter Milk		Stuffed Crust Pizza Carrot Stix Low Fat Dip Chilled Fruit Low Fat 1% Milk	

1	Monday	2	Tuesday	3	Wednesday	4	Thursday	5	Friday
Tomato Soup Grilled Cheese W/WO Bacon Veggie Stix W/Dip Milk		Whole Wheat Pasta W/Meat Balls Green Beans Fruit Crisp Milk		DRESS YOUR DOG DAY Hot Dog/Roll Baked beans Corn Bread Chilled Fruit/Fresh Fruit Milk		Oven Baked BBQ Chicken Mashed Sweet Potato Green Beans Blueberries & Whipped Cream Milk		Tony's Pizza Carrot Stix Low Fat Dip Chilled Fruit Milk	

★ ★ Notes and Announcements ★ ★

Alternate Choices are available in a limited quantity only.
Speed up the lunch line by paying in advance: make checks payable to SALEM SCHOOL LUNCH.
Menu subject to change.