

Menus for
September
2019

SALEM
HIGH
SCHOOL



*This institution is
an equal
opportunity pro-*

Available Daily!

SALEM COUNTRY KITCHEN

Monday— Broccoli
Tuesday—mashed sweet potato/carrots
Wednesday—Baked Beans/Bean Salad
Thursday—Corn
Friday—Mixed Salad

Please inform your server of any allergies

Breakfast & Lunch

Available every day, at no charge ,to all

students at:

BATES
BENTLEY ACADEMY
CARLTON
COLLINS
ECC
HIGH SCHOOL
HORACE MANN
NEW LIBERTY CHARTER SCHOOL
SALTONSTALL
WITCHCRAFT HEIGHTS
SALEM PREP SCHOOL

SALEM COUNTRY KITCHEN

1st Floor

Home Cooking Station

Rotisserie Chicken
Homemade Mashed Potato
Homemade Stuffing

Or

Fresh W/W Rolls
Fresh Vegetable

Mexican Station

Soft Taco Shells, Nacho Chips, Burrito Wraps,
Chili, Chicken Fajita, Sautéed Onions and
Peppers, Rice and Beans, Shredded Cheese,
Diced Tomatoes, Shredded Lettuce, Salsa,
Sour Cream

Salad Bar

BREAKFAST

Served every AM in the lobby!!!!

**Assorted Cereals, Yogurt Parfaits, Muffins,
Breakfast Sandwiches
Fruit or Juice & Low Fat Milk**

Salem High Pizzeria and Deli

2nd Floor

Pizza Station

W/W Pizza Crust, Sauce, Cheese, Onions,
Peppers, Pepperoni, Sausage, Fresh
Tomatoes, Basil, Oregano

Salem High Deli

Fresh W/W Sub Rolls
Turkey, Ham, Roast Beef
American Cheese, Provolone
Lettuce, Tomato, Pickles, Onions, Hot
Peppers, Sliced Olives, Raw Spinach, Mayo,
Mustard, Sliced Cucumber, Green Peppers

Salad Bar

Lettuce, Romaine, Spinach
Tomatoes, Cucumbers, Green Peppers,
Onions, Carrots, Celery, Cottage Cheese,
Croutons, 3 Dressings, Garbanzo Beans, Red
Kidney Beans, Canned Peaches, Pears,
Beets, Mushrooms

Soup Station

Chicken Vegetable Pasta

THE WITCHES GRILL

3rd Floor

Grill Station

Grilled Chicken, Crispy Chicken, Hot Dog,
Hamburger, Reuben's
Fresh W/W Buns
Salad Bar
LF Chips

Hot Sandwich Line

Loaded Steak Bomb
Sautéed Onions & Peppers
Cheese
Shredded Lettuce, Tomato, Pickles, and LF
Chips

Salad Bar

Lettuce, Romaine, Spinach
Tomatoes, Cucumbers, Green Peppers,
Onions, Carrots, Celery, Cottage Cheese,
Croutons, 3 Dressings, Garbanzo Beans, Red
Kidney Beans, Canned Peaches, Pears,
Beets, Mushrooms