

FREE SCHOOL MEALS

Breakfast & lunch are available to all students this year at no cost.



Menus for January 2022

DID YOU KNOW?

FREE SCHOOL MEALS INCLUDE A VARIETY OF FRUITS & VEGETABLES.



Collins Middle School

This institution is an equal opportunity provider and employer.

Monday, January 17	Tuesday, January 18	Wednesday, January 19	Thursday, January 20	Friday, January 21	DID YOU ALSO KNOW?
<p><u>Lunch</u></p> <p><u>No School</u></p>	<p><u>Lunch</u></p> <p>Chicken Taquitos Rice and Beans Salsa Or Turkey on WW Roll Lettuce & Tomato Chickpea Salad</p> <p>Fruit/Milk</p>	<p><u>Lunch</u></p> <p>Hot Dog WW Bun Creamy Coleslaw Baked Sweet Potato Fries Or Chef's Salad WW Pita</p> <p>Fruit/Milk</p>	<p><u>Lunch</u></p> <p>Roasted Turkey Tasty Sweet Peas Garlic Mashed Potatoes WW Roll Or Ham Sandwich on WW Roll Garden Side Salad</p> <p>Fruit/Milk</p>	<p><u>Lunch</u></p> <p>Pizza Spinach Side Salad Or Tuna Salad Sandwich Carrot & Cucumber Sticks</p> <p>Fruit/Milk</p>	<p>DID YOU ALSO KNOW?</p> <ul style="list-style-type: none"> Possible Daily Vegetarian Grab and Go Lunch Options: <ul style="list-style-type: none"> Sun Butter and Jelly Sandwich^V Yogurt and Granola Grab and Go Hummus and Veggie Grab and Go^V All grain products are whole grain rich Meats are lean and cheeses are low fat A variety of fresh fruits and vegetables offered daily <p>Please Note:</p> <ul style="list-style-type: none"> If you have a food allergy please speak to the school nurse and advise your kitchen manager