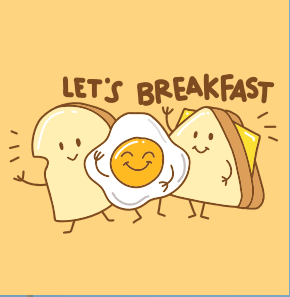


September: *Breakfast Menu*

Pre-K/ECC Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9/1 ----	9/2	9/3 Whole Grain Corn Muffin Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/4 Strawberry Banana Smoothie Assorted Fruit, Juice Milk: 1%, Skim, Lactaid
9/7 No School	9/8 Whole Grain Low Sugar Blueberry Chex Banana Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/9 Whole Grain Chocolate Chip Muffin Apple Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/10 Whole Grain Rainbow Bagel w/ Cream Cheese Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/11 Mango Pineapple Smoothie Whole Grain Graham Crackers Applesauce Assorted Fruit, Juice Milk: 1%, Skim, Lactaid
9/14 Assorted Whole Grain, Low Sugar Cereals Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/15 Whole Grain Banana Bread Orange Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/16 Whole Grain Low Sugar Bubble Bread Plum Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/17 Whole Grain Low Sugar Cinnamon Roll Apple Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/18 Assorted Whole Grain, Low Sugar Cereals Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid
9/21 Whole Grain, Low Sugar Cocoa Puffs Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/22 Whole Grain, Low Sugar Frosted Flakes Orange Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/23 Whole Grain Bagels w/ Cream Cheese Banana Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/24 Assorted Whole Grain, Low Sugar Rice Chex Plum Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/25 Whole Grain, Low Sugar Multi-Grain Cheerios Apple Assorted Fruit, Juice Milk: 1%, Skim, Lactaid
9/28 Whole Grain, Low Sugar Frosted Flakes Pear Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/29 Whole Grain Bagels w/ Cream Cheese Applesauce Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	9/30 Assorted Whole Grain, Low Sugar Cinnamon Toast Crunch Banana Assorted Fruit, Juice Milk: 1%, Skim, Lactaid	10/1	10/2

This institution is a equal Opportunity Provider. **Please Note:** If you have a food allergy please advise your kitchen manager



SALEM
PUBLIC SCHOOLS
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HARVEST
of the **MONTH**
TOMATOES



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