

September: Dinner Menu

Collins Middle School and High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	9/1 ----- Assorted Fruit, Milk	9/2	9/3 Plain or Spicy Chicken Patty on a WG Bun Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/4 Pizza Slice Caesar Salad Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate
	9/7 No School	9/9 Pulled Chicken Quesadilla Salsa Shredded Lettuce Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/10 Plain or Spicy Chicken Tenders Mac & Cheese Steamed Broccoli Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/11 Buffalo Chicken Pizza Cheese Pizza Lemon Zest Broccoli Garden Salad Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate
	9/14 Hamburger or Cheeseburger on a Bun Potato Wedges Garden Salad Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/15 Plain or Spicy Chicken Patty on Bun Pasta Salad Roasted Carrots Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/16 Chicken and Cheese Empanada Black Bean and Corn Salsa Sweet Plantains Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/17 Buffalo Chicken Dip WG Tortilla Chips Carrot Sticks Celery Sticks Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate
	9/21 BBQ Pulled Chicken Sliders Creamy Coleslaw Potato Wedges Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/22 Turkey Tacos Salsa Guacamole Cilantro Brown Rice Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/23 Cheese & Cracker Power Pack Pizza Power Pack Yogurt Power Pack Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/24 Italian Sampler Roasted Zucchini & Summer Squash Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate
	9/28 Hot Dog on a Bun Diced Onions Vegetarian Baked Beans Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/29 Mandarin Orange Chicken Vegetable Fried Rice Stir Fry Vegetables Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	9/30 Turkey BLT Potato Salad Carrot Sticks Assorted Fruit Milk: 1%, Skim, Lactaid, Chocolate	10/1 (V) = Vegetarian Option
				10/2

This institution is an equal Opportunity Provider. **Please Note:** If you have a food allergy please advise your kitchen manager



SALEM
PUBLIC SCHOOLS
Where belonging leads to opportunity.

HARVEST
of the **MONTH**
TOMATOES



SALEM
FOOD & NUTRITION
SERVICES